



Deer Oaks EAP Services

Phone: 1-888-993-7650

Fax: (210) 615-0501

Charles County Public Schools (CCPS) has a new Employee Assistance Program (EAP) provider

Deer Oaks EAP Services is a premier, national Employee Assistance and Work/Life Company dedicated to helping our employees improve their health and well-being through quality services.

The EAP benefit covers **4 confidential short-term counseling visits** for contracted employees who work over 20 hours per week and their immediate families.

The EAP benefit is no cost to employees and their dependents, and it is also confidential. Deer Oaks EAP clinicians have considerable expertise and clinical knowledge as well as a number of convenient locations. They are well versed in helping clients of all ages, from young children to the elderly.

The EAP can assist with many issues, including: stress, depression, anxiety, workplace difficulties, substance abuse, marital problems, family or parenting conflicts, grief, violence and unhealthy lifestyles. They can also provide additional assistance with:

- ✓ Childcare and eldercare resources with referrals
- ✓ Financial and legal issues
- ✓ Free interactive online simple will
- ✓ Retiree assistance
- ✓ Moving resources/checklist
- ✓ Reimbursed cab ride

Deer Oaks EAP is available when you need it, 24 hours a day, 365 days a year. Deer Oaks will also coordinate with CCPS's Health Plan for cases that require treatment under your medical benefit.

For additional information or a referral to a provider located nearest you please call EAP toll-free at **1-888-993-7650**. Online tools are available at: www.deeroaks.com Login/Password **ccboe**).

CCPS is committed to the health and well-being of its employees and their family members and encourages the utilization of this important benefit.