

**Available everyday**

- Fresh Fruit
- Cupped Fruit
- Small Salad
- 100% Fruit Juice

**Choice of Milk with each Meal**

- 1% White Milk
- 1% Chocolate Milk
- Skim Milk

*Unsweetened Cereal is available as alternate cereal at breakfast*

**Lunch Prices**

- Elementary Student Meals \$2.05
- Secondary Student Meals \$2.30
- Milk \$ .50
- Adult A La Carte

**Breakfast Prices**

- Elementary Student Meals \$1.15
- Secondary Student Meals \$1.30
- Milk \$ .50
- Adult A La Carte

*Menu is subject to change without notice.*

*Ground meat items may include ground beef, ground pork or ground turkey.*

**\*Meatless Item**

**\*\* Protein Alternative Available**

Add money to your child's lunch account anytime with:

**www.pay4lunch.com**

**Breakfast and lunch are available to all students every school day. Students who qualify for free or reduced price lunches are entitled to eat breakfast for free or at reduced price.**

# Charles County Public Schools Food Service Department

**JUNE 2010**

Mon	Tue	Wed	Thu	Fri
<p><b>May 31</b></p> <p><b>Schools Closed</b></p> <p><b>Memorial Day</b></p>	<p>Assorted Cereals Juice and Milk <b>1</b></p> <p>Steak and Cheese Sandwich Asian Chicken w/ Rice Peas / Corn Dessert</p>	<p>Fruefels Juice and Milk <b>2</b></p> <p>Sloppy Joe on a Roll Turkey and Gravy over Rice Green Beans Carrots</p>	<p>Assorted Cereals Juice and Milk <b>3</b></p> <p>Hot Dog on a Bun Hamburger on a Bun French Fries / Broccoli <b>Otis Spunkmeyer Whole Grain Cookies</b></p>	<p>Sausage Biscuit Juice and Milk <b>4</b></p> <p>Taco Salad w/ Chips Tuna Salad Sandwich Sweet Potato Fries Peas</p>
<p>Assorted Cereals Juice and Milk <b>7</b></p> <p>Chicken Nuggets w/ Roll Manager's Choice Mixed Vegetables Sweet Potatoes</p>	<p>Assorted Cereals Juice and Milk <b>8</b></p> <p>Turkey Sub Manager's Choice Whipped Potatoes Peas Dessert</p>	<p>Waffle Sticks Juice and Milk <b>9</b></p> <p>Tuna Salad Sandwich Manager's Choice Steamed Green Beans Sliced Carrots</p>	<p>Assorted Cereals Juice and Milk <b>10</b></p> <p>Turkey and Gravy over Rice Manager's Choice Corn / Peas Dessert</p>	<p>Maple Burst Pancakes Juice and Milk <b>11</b></p> <p>Manager's Choice Rib-B-Que on a Bun Oven Fries Broccoli</p>
<p>Assorted Cereals Juice and Milk <b>14</b></p> <p>Cheeseburger on a Bun Manager's Choice Green Beans Sliced Carrots</p>	<p>Assorted Cereals Juice and Milk <b>15</b></p> <p>Hot Ham and Cheese Sandwich Manager's Choice Seasoned Corn &amp; Peas Dessert</p>	<p>French Toast Sticks Juice and Milk <b>16</b></p> <p>Chicken Nuggets w/ Roll Pizzas Mixed Vegetables Sweet Potatoes</p>	<p><b>17</b></p>	<p><b>18</b></p>
<p><b>21</b></p>	<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>
<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>		