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GET INVOLVED!

Art Club- National Art Honor Society: *Mrs. Blakeslee*

Art Club promotes and embraces the arts. Art club invites students who are interested in extending their creativity and artistry. Club members assist with art shows, school décor, and school activities, as well as create and hone individual projects. All art lovers should absolutely join!

Bass Fishing Club: *Mr. Watkoski, Mr. Mathews, and Mr. Feeney: Room 117*

Enjoy fishing and the outdoors? The Bass Fishing Club offers students an opportunity to enhance their angling skills through hands on activities and discussions with fellow fishermen/women. Members can expect to compete in pond tournaments against other team members, compete in casting and flipping competitions, learn about environmental concerns affecting local fisheries, and fundraise to earn money for club jerseys/jackets and a chartered fishing trip on the Chesapeake Bay. This club requires a member fee of \$25 to cover the cost of registration with The Bass Federation and to ensure all club members are covered by \$1 million of insurance while participating in fishing tournaments. Club member maximum of 20 students.

Chess Club: *Mr. Crisci*

Enjoy playing chess or have an interest in learning to play? This club provides students with the opportunity to compete against peers in friendly games of chess. Club tournaments will be held for those who want to participate.

Choral Program: *Mrs. Mazeo*

All School Choir: Have you wanted to sing but don't have room in your schedule? Now is your chance! Join the all school choir today! Have fun, meet new friends and join an ensemble to be proud of at McDonough High School. The McDonough Choral Program offers 5 different choirs: Concert Choir, Ramtations, Advanced Woman's Choir, Show Choir, and Chamber Choir. The Concert Choir will bring you chills as you sing with approximately 100 talented male and female voices. If dancing while you sing is something you love, then the Show Choir might be the place for you. For the more serious singers, the choral program offers the Advanced Women's Choir and the Chamber Choir. Enjoy more challenging music in these ensembles and learn to be a musician that performs far beyond the level of a high school singer. Don't miss out. Come and experience the joy of singing with the McDonough Choral Program!

Class Officers: *Mrs. Covington*

Incoming freshmen are eligible to run for the position of President, Vice President, Secretary, Treasurer, or Historian for the Class of 2019. Interested participants will be asked to write a brief biography and explanation of why they are qualified for the position they are seeking. Current GPAs and behavior are taken into consideration when accepting an applicant as a qualified candidate. Candidates will be interviewed by staff members. The most qualified applicant will be appointed to each position.

To remain an officer, students must adequately fulfill the responsibilities of the position and remain in good standing, both academically and behaviorally. Officers will meet on a regular basis with the class sponsor and class members to raise funds for the senior prom and to defray

the costs of senior expenses. Class officers also participate in Homecoming activities and perform various services for the school and community.

Collectors Club: *Mr. Clements*

Do you collect coins, stamps, stickers, postcards, or other items? This club may be for you! The Collectors Club focuses on the hobby and passion of building collections of all types. Connect with peers with similar interests, share your collection, and learn about other collectable items and their values.

Community Club: *Mrs. Crelly*

Discover and learn about our community and those in need. This club helps raise awareness and develops ways to help local charities such as the Center for Children and Goodwill. Get involved with donation collections and volunteering opportunities.

Computer Bowl: *Mrs. Stahl*

Students interested in solving problems using a programming language like java should join the computer team. The computer bowl is held the first Saturday of March at North Point High School. Each high school in Southern Maryland can send up to three teams made up of three to four students. In the first round of the competition, students take a written test of their knowledge of computer history, hardware, and software. In the second round, students create computer programs to solve specific problems, using programming languages such as Java and Visual BASIC. Each team is equipped with two laptops for the programming portion of the competition. (12 students max)

Creative Writing Club/Online News Magazine: *Mr. Torre*

Enjoy writing and expressing your thoughts and ideas through the use of words? This club may be for you! Explore, create, publish and perform various types of your own creative writing. Also, help design, manage, and post your work on the club's webpage to showcase the club's creativity.

Destination Imagination: **TBD**

The Destination Imagination program encourages teams of learners to have fun, take risks, and to focus and frame challenges while incorporating STEM (science, technology, engineering, and mathematics). Participants learn patience, flexibility, persistence, ethics, respect for others and their ideas, and the collaborative problem solving process. Teams showcase their solutions at a tournament.

Digital Editing Club: *Mrs. Heyl*

This club is to extend the learning experience of students already enrolled in the multi-media course offered at McDonough. This club is also open to any student who has an interest in digital editing and learning how to utilize the technology and apply it to different self-developed projects.

Divine Ladies Organization (DLO): *Mrs. Poole*

DLO is an organization open to all female students who have a desire to improve academic performance, maintain good citizenship, serve as a positive role model, and participate in community service projects. Current GPA, attendance, and behavior are taken into consideration when accepting an applicant as a member. DLO is best known for sponsoring the following events: Toys for Tots, College Fair, Science Fair at Indian Head Elementary School, and High Tea. Members also participate in activities such as leadership workshops offered at CSM, school recycling programs, Relay for Life, mentoring, community service, and field trips.

At the end of the year, an awards banquet is held to recognize outstanding student accomplishments.

Drama Club: *Mrs. Heyl*

Drama Club is a fun organization that celebrates the love of theater and produces two school-wide shows a year. Anyone is welcome to audition. In the fall we produce a non-musical and, in the spring, we join forces with the music department to perform a musical. Past shows include: *Les Miserables, Peter Pan, Into the Woods, A Midsummer Night's Dream, Grease, It's A Wonderful Life, And Then They Came for Me, Beauty and the Beast, Zombie Prom, High School Musical, Seussical, and Dracula*. Additionally, Drama Club does face painting at the Charles County Fair, collects canned goods for "Trick or Treat So Kids Can Eat," participates in the Maryland Thespian Festival, and takes a yearly trip to New York City. We get going the first week of each school year, so come check us out and join our drama family! Check us out on www.mcdonoughdrama.com

Environmental Club: *Mrs. Turner (room 231)*

Get energized about taking care of the planet! Learn about local environmental issues and take part in the action of enhancing and restoring our environment. The Environmental Club assists the school and community with "Go Green" efforts while learning about 21st century environmental concerns.

Envirothon Team: *Mrs. Bennett (room 230)*

Envirothon is a fun and exciting way for high school students in grades 9-12 to learn about the natural world around us. The Envirothon team studies aquatics, wildlife, soils, and forestry. Envirothon provides an opportunity for students to extend their studies about nature and test their knowledge in the real world.

Fellowship of Christian Athletes (FCA): *Mr. Bradshaw*

See Mr. Bradshaw for description

FIRST Robotics: TBD

The varsity sport for the mind! First Robotics combines the excitement of sport with rigors of science and technology. Under strict rules, limited resources, and time constraints, teams of 25 students or more are challenged to raise funds, design a team brand, hone teamwork skills, and build and program robots to perform prescribed tasks against a field of competitors.

French Club: *Mrs. Jerow*

French club promotes the French culture and provides its members opportunities to practice their skills and to expand their knowledge of the French Language.

Future Educators Association: *Mrs. Rowledge*

Are you interested in becoming a teacher, working with children or just looking for new friends? Then FEA is the club for you. We offer several opportunities to travel, meet with real students, meet with real teachers and be creative. Throughout the year FEA meets bi-weekly. FEA keeps an ongoing scrapbook of activities including fundraising, reading to students, tutoring, and social events.

Health and Nutrition Club: *Mrs. Dyer*

This club offers students the opportunity to learn about the important role proper nutrition plays in a healthy lifestyle. Learn how different food affects your body, monitor calorie intake, and

develop workout routines all while being supported and encouraged by your peers to adopt a healthier eating and exercise habits.

History Club: *Mrs. Beaton and Mr. Bowser*

The focus of this group will be for students to explore historical themes using a hands on approach. We will conduct historical investigations with resources and guest speakers from local historic sites. Book discussions and movies may also be utilized to explore various topics of student interest. Students will be able to focus on their own personal culture and heritage by helping to create museum exhibits that can be used to educate others. The goal of the club will be for students to use the tools of a historian to uncover new and unique interpretations of events.

It's Academic: *Mrs. Abell*

It's Academic team represents McDonough at the Charles County Public Schools competition in December. Three members of the team participate in the competition against other Charles County high schools. The first and second place winners of the county competition go on to compete in a televised competition at NBC4 studios against other Washington D.C., area schools. Interested students might include those who know a lot of random facts and enjoy trivial style question games such as Jeopardy.

JROTC: *Sgt. Major Monk and Major Malherek*

The Army Junior Reserve Officer Training Corps (JROTC) is a program offered to high school students that assists with character education, student achievement, wellness, leadership, and diversity. It is a cooperative effort between the Army and the high schools to produce successful students and citizens, while fostering in each school a more constructive and disciplined learning environment.

Key Club: *Mr. Fletcher*

Key Club is an international student-led organization which provides its members with opportunities to provide service, build character, and develop leadership. Key Club is comprised of a dedicated group of students who are committed to making the McDonough community a better place.

Mathletes: *Mrs. Simpson*

Students compete against other schools on a monthly basis. All levels of math are questioned. This team is intended for advanced mathematics students.

McDonough High School Marching Band: *Mrs. Dunleavy*

Marching Band membership gives students the chance to create a second family of friends. The Marching Band performs at home football games and pep rallies, and it competes on the Tournament of Bands competition circuit.

Men of Tomorrow: *Coach Thomas*

Men of Tomorrow is an organization open to all male students who have a desire to improve academic performance, maintain good citizenship, and serve as a positive role model.

MESA: *Mr. Perillo*

If you are interested in robotics, engineering, and building things, join MESA! MESA participates in regional competitions every year against other Charles County schools. The team will compete in three different design tasks that will consist of (1) balsa wood challenge, (2) robotics

challenge, and a (3) engineering challenge. If you're interested and want to find out more about this club, visit Mr. Perillo in room 229.

Mobile App Development: *Mrs. Stahl*

The goal of the Mobile App Developer's club is to design and build mobile applications. Members will learn and use the processes of software/app development. Members will need no previous knowledge of app development, only a willingness to learn about this exciting field.

Mock Trial: *Mr. Bowser*

Do you like to argue? Do you like to think critically? Do you enjoy public speaking? Is there an actor within you dying to get out? Or do you just want to get better at these skills? Join the Mock Trial Team. Each year the team gets a legal case to analyze and present in court. Students must try to become a lawyer or witness for the team, but all students are eligible to advise the team and travel to competitions. Use your argumentative nature in a constructive way and join Mock Trial!

The National Honor Society: *Mrs. Stahl*

The purpose of the NHS is to create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership, and to develop character in secondary school students. Membership in the NHS is prestigious and beneficial to include on college applications. To be considered for selection and receive a student information packet in the spring, at a minimum, students must be a sophomore, have attended McDonough High School for one semester, and have a cumulative GPA of 3.6. For selection, students should embrace challenging classes, be involved in extracurricular activities, volunteer in the community, and take advantage of leadership opportunities.

Orchestra: *Mrs. Dunleavy*

The orchestra is an opportunity for students who play stringed instruments (violin, viola, cello, bass) to rehearse and perform great music. As a member of the orchestra, students are a part of a tight-knit group of students who love what they do! The orchestra performs at various concerts and events around the county and state. They play a variety of music including classical selections, music from movies and musicals – even a little Green Day! Come make great friends and great music with the McDonough Orchestra!

Photography Club: *Mrs. Bennett (room 230)*

Interested in photography? Like taking selfies? Post to Instagram or enjoy sharing photos with friends and family? Come enhance your skills and learn about the capabilities of your digital camera. This club will offer you opportunities to take pictures, learn about editing programs, and even enter photography contests.

Poetry Club: *Mrs. Fitzgerald*

Love to write? Love to read? Love to listen to music and discover the meanings behind song lyrics? Love to discuss ideas with a positive community? Then the MHS Poetry Club may be for you! In our inaugural year, the MHS Poetry Club will be defining itself according to the varying interests of its club members. MHS Poets who join will have the opportunity to explore and analyze poems from all over the world and throughout history. MHS Poets will also have the opportunity to compose their own poetry and, if they choose, to share their writings with other club members. Information will be provided about local poetry readings/poetry slams, and if there is interest, plans can be made to host a poetry night at McDonough! Poets can also discover how they can get their written works published. MHS Poetry Club will also explore

other creative endeavors that can blend with poetry, such as music, photography, art, and film. As Plutarch once said, "Painting is silent poetry, and poetry is painting that speaks."

Ram Friends: *Mrs. Bradshaw*

Ram Friends is a student-run friendship club. It strives to enhance the lives of students with intellectual disabilities by providing them with one-on-one friendships with their non-disabled peers. The club meets together at least once a month to converse, hangout, and have fun! Those interested in participating must commit to weekly contact with their buddy and be free of suspensions. For more information, please see Mrs. Bradshaw in Room 147.

Scrabble Club: *Mrs. Abell*

Do you like Words with Friends? Scrabble is the board game equivalent. Make words from other words with just 7 letters in front of you. Up to four players can join a game. If you like to challenge yourself or other by using creative words, this is the game for you!

Sketchbook Club: *Mrs. Stazetski*

Enjoy art, doodling, and sketching? This club may be for you!

Sports Journalism: *Mr. Smith*

Discuss and debate current topics in the sports world, both nationally and locally. Participants will learn how to cover a sports news event as well as find the real story and track down information to support arguments.

Student Government Association: *Mrs. Covington*

SGA is an organization designed to improve teacher-student involvement. SGA is best known for sponsoring such annual events as Homecoming, Fall/Winter Pep Rallies, and the Battle of the Classes. Students also participate in events such as March of Dimes and Relay for Life. Members are expected to participate in activities that extend beyond a regular school day.

VEX Robotics:

In the VEX Robotics competition, teams of students are tasked with designing and building a robot to play against other teams from around the world in a game-based engineering challenge. Classroom STEM concepts are put to the test on the playing field as students learn lifelong skills in teamwork, leadership, communications, and more. Tournaments are held year-round at regional, state and national levels.

Wind Ensemble and Concert Bands: *Mrs. Dunleavy*

Participating in the music program provides the opportunity to perform great music, make wonderful friends, and travel to a variety of fun destinations like Florida, Tennessee, New York, and Illinois.

The Band Department offers three additional classes: AP Music Theory, Music Theory, and Jazz Band.

ATHLETICS

All sports activities (including cheerleading and poms) require a sports physical. No student may participate (including try-outs) without one.

REGARDING ABSENCES AND ELIGIBILITY: In order to be eligible to participate in extracurricular activities, you may have no more than 4.5 absences in any 9-week marking

period. The only absences that do not count against eligibility are those accompanied by a doctor's note or a court summons. Keep careful track of absences, especially during 4th quarter, so you will be eligible for sports at the beginning of your next year!

Baseball- JV & V
Basketball – Boys' JV & V
Basketball- Girls' JV & V
Cheerleading- Fall & Winter Seasons
Cross Country – Boys
Cross Country – Girls
Field Hockey
Football
Golf- Coed
Indoor Track- Boys
Indoor Track – Girls
Lacrosse – Boys
Lacrosse – Girls
Poms and Dance
Soccer – Boys
Soccer – Girls
Softball
Swimming – Coed
Tennis – Coed
Track & Field Coed
Unified Bocce – Coed
Unified Tennis – Coed
Unified Track & Field - Coed
Volleyball
Wrestling