Health History/ General Information: Page 1

Childs Full Name: ____

DOB: _______________ Age: ___________ Gender: ___________ School:_________________________

Address: ____

Mother's full name: ____
Telephone: (home) ____________________ (cell) ____________________ (work) ____________________
Father's full name: ____
Telephone: (home) ____________________ (cell) ____________________ (work) ____________________

Health Insurance Company: ____
Policy Number: ____
Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance enter "none" above.

Alternate Emergency Contact: (in case parents cannot be reached)
Alternate contact: ____________________________________ Relationship: __________________________
Telephone: (home) ____________________ (cell) ____________________ (work) ____________________

Alternate contact: ____________________________________ Relationship: __________________________
Telephone: (home) ____________________ (cell) ____________________ (work) ____________________

Health History:
Known allergies to Medications, Food, Plants, Insect bites or stings: (list reaction)
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Please list any medical concerns or health history that you feel we should know about your child:
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over

Page 2: Health History Continued

Child's full name: ____

Medications:

List all medications used, including over-the-counter medications:

(include medication name, dose, frequency and reason medication is taken)

If no medications are taken then write "none" in the space below

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Bring medications in the original containers and prescription bottles. Make sure that they are NOT expired, including inhalers and EpiPens. The camp nurses are not allowed to administer the medications to your child, except in an emergency situation. Make sure your child is familiar with the medication and how to properly administer it. We request that at the start of the camp day all medications that are brought to camp will be held at the nurse's station and returned to you at the end of the camp day. The nurses will be available to discuss any health concerns you may have about your child.

The majority of children that come to the Nurse's station are for dehydration. Please make sure your child is having a healthy breakfast and drinking water prior to coming to camp. The drink containers should be filled with either water or Gatorade. Please do not allow your child to bring soda to camp. This increases the likelihood of dehydration as they exercise. Water is always available for your child and encouraged readily by all staff members to drink frequently during the day.