



Welcome to Lunch On Us

Please be aware of the following guidelines that are set by the USDA and must be adhered to, in order to preserve our program.

- All meals must be eaten on site. No food may be removed from the cafeteria, with the exception of, ONE piece of whole fruit.
- Sharing of meals is prohibited.
- Sites are closed strictly according to closing times posted on CCBOE.com. We encourage you to arrive 15 minutes before meals are finished to ensure enough time to eat.
- All meals must be finished and cafeterias must be vacated 15 minutes after meal service is completed.
- For a meal to be provided it must meet the USDA requirements for a complete meal.
 - It MUST contain at least 3 DIFFERENT components, and MAY contain up to 5 components. Below is a list of what our selections provide.
 - All entrees – 1 GRAIN and 1 MEAT/ MEAT ALTERNATE component
 - All fruits and juices – 1 FRUIT component each
 - Hot and Cold Vegetables – 1 VEGETABLE component each
 - Milk – 1 MILK component

**You are not required to take a milk, but you must choose a fruit or vegetable with your meal.