

# FRESH START ACADEMY

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Program Overview

# REFERRAL PROCESS

## Prior to Referral

1. An SST plan has been developed and the team has met a minimum of 2 times.
2. A behavior specialist has observed the student and has provided consultation.
3. The team has implemented the recommendations of the behavior specialist.
4. Data demonstrating the frequency and/or severity of the behavior has been collected.
5. A functional behavior assessment has been conducted by a school psychologist or behavior specialist.
6. A behavior intervention plan has been developed by a behavior specialist and/or school psychologist.
7. The teacher has implemented the behavior intervention plan, as written, consistently with data and/or permanent product to support.
8. A BIP fidelity assessment has been conducted (ideally on more than on occasion) by a behavior specialist or school psychologist.
9. Behavior data has been collected for at least 30 days after the implementation of the behavior intervention plan. The data has been collected daily, with consistency, and demonstrates a persistent pattern of behavior.

# Completing an FSA Referral

SST Teams must submit the following to refer a student to FSA:

1. The Fresh Start Academy application- please submit electronically to [freshstartacademy@ccboe.com](mailto:freshstartacademy@ccboe.com)
2. SST plans and meeting notes should be uploaded to MTSS in Synergy and available for review
3. Copies of observations completed by a behavior specialist, and the recommendations of the behavior specialist
4. Copies of current functional behavior assessments and behavior intervention plans, completed by a behavior specialist and/or school psychologist.
5. Copies of BIP fidelity assessments completed by behavior specialist and/or school psychologist.
6. Any behavior data available prior to the implementation of a behavior intervention plan (raw data submitted with graphs is preferable).
7. A minimum of 30 days of data following the implementation of a behavior intervention plan

Students will not be accepted into Fresh Start Academy without enough documentation of interventions exhausted in the home school. Referrals that are incomplete or include insufficient behavior intervention plans or data will not be approved.

# Following Up

- The Fresh Start Academy staff will review referrals and supporting documentation within 10 days of submission.
- Should a referral be accepted, the referring school will receive communication from the transition specialist with next steps.
- Students may begin once the transportation and transition plan have been confirmed by the transition specialist and the intake meeting with parent/guardian is complete.
- Should a referral be denied, a member of the admission committee may attend the SST meeting following denial of referral to advise the team why the referral was denied and provide recommendations regarding next steps.
- The SST should reconvene to review recommendations and plan next steps for the student

# PROGRAM COMPONENTS

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## Academic

Grade level curriculum

Instructional technology

Low teacher-student ratio

## Psychological

Individual and/or group  
counseling

Crisis intervention

Social-emotional learning

## Behavioral

Modification and implementation  
of BIPS

Behavior management program  
with points and levels and access  
to positive reinforcers

Ongoing data collection and  
analysis to guide decision-making

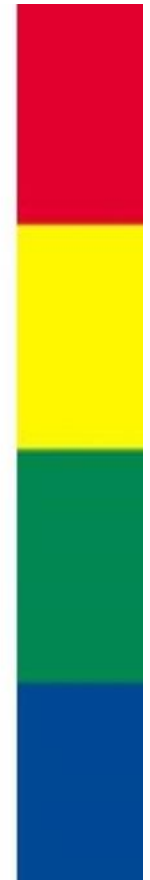
# Zones of Regulation®

A conceptual framework and curriculum for teaching students strategies for emotional and sensory self-management. The Zones approach uses four colors to help students identify how they are feeling in the moment given their emotions and level of alertness as well as guide them to strategies to support regulation. By understanding how to notice the body's signals, detect triggers, read social context and consider how their behavior impacts those around them, students learn improved emotional control, sensory regulation, self-awareness, and problem-solving abilities.



## The ZONES of Regulation®

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Yelling/Hitting Elated Out of Control





# Home School

## Inclusion

- Field Trips
- School wide events (assemblies, parades, etc)
- Field Day
- Home school tour
- Classroom visits

## Involvement

- Minimum of: 4 teacher visits, 2 counselor visits, and 2 administrator visits
- Participation in 20 and 30 day review meetings.
- Participation in transition meetings

# Transition Process

- Team will review progress after the first 20 days and every 30 days there after.
- When transition readiness is determined, the team will create a transition plan.
- Transition plans will be individualized and modified based on the needs of the student. Transitions will occur over 1 to 4 weeks, and use a combination of full and half day support from an instructional assistant. The Transition Specialist will accompany students on their first day returning to their homeschool and will check in with the student as needed throughout the transition process.
- Home schools will receive ongoing consultation as needed for students who have transitioned from Fresh Start Academy.