



# Physical Rehabilitation

Utilizing project and problem-based learning, clinical experiences, as well as classroom and lab instruction to teach students about the field of health care. Opportunities for students to apply what they are learning to real life healthcare situations are a part of this specialized course. Students are prepared for actual experience in the clinical setting with a focus on the specific knowledge, skills and abilities that relate to careers in rehabilitation health services.

## What will you learn?

Students will use classroom-based learning, as well as laboratory hands-on experience, to explore concepts and techniques of physical rehabilitation. Clinical internships will be used to gain job-related knowledge and to apply the skills that the students have acquired.

## What can you be certified in?

Certified Personal Trainer (CPT),  
Basic Life Support, First Aid, and CPR

## What careers are available?

Physical Therapist

Occupational Therapist

Athletic Trainer

Physician

Nurse



### Year One



- \*Structures & Functions of the Human Body (1 Credit)
- \*Foundations of Medicine and Health Sciences (1 Credit)

### Year Two



- \*Physical Rehabilitation Medical Specialty (1 Credit)
- \*Allied Health Internship (2 Credits)

### Articulation Agreements



- \*College of Southern Maryland
- \*Stevenson University



301.932.1003  
[www.ccboe.com/schools/stethem](http://www.ccboe.com/schools/stethem)  
 7775 Marshall Corner Road Pomfret, Maryland 20675

**Robert D. Stethem**  
**Educational Center**  
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