



WARM LINE

1-877-794-7337

Free

Mondays: 3pm-3am

Tuesdays: 9 am-4 pm

Wednesday: 3 pm-3 am

Thursdays: 9 am-4 pm

Saturdays: 3pm-12 am

Peer Support

Confidential

**PROMO CODE
SOMDML365**

Non-Crisis

Feeling... Sad? Angry? Frustration with your situation? Need help locating resources in your area? Maybe you want to share some good news, or simply talk. If you need someone to just listen. You are not alone. Talk with someone who has been there. Call and talk to one of our Life assistants. We are here to help you.

*21 years
old and
older*

"Real people to share real
issues with"

If you have any questions contact Regional & Outreach Director Tracia Price at
somd@makelemonade365.org

We are a private organization. We don't record calls.